

# Color Me Safe

**TOPIC/SUBJECT:** Safety while swimming

**TARGET AUDIENCE/AGE LEVEL:** Grades K - 5

**TIME:** 30 -40 minutes

**THEME:** It's important that you play it safe while swimming.

**GOAL:** Participants will be motivated to practice water safety principles while swimming.

**OBJECTIVE:** Participants will only swim in safe areas and will never swim alone.

## **DESCRIPTION:**

A. Have the participants draw a picture and color it.

1. Start out by having them draw a picture of a beach.
2. Then have them draw things that they would find on a beach.
3. Then have them draw themselves and how they play it safe while swimming.
4. After they are all done ask if everyone is swimming with a buddy in their picture. If not, have them add a buddy to their picture.
5. You can ask other things also like if someone is in trouble in the water how can you help them. Explain reach, throw, row, don't go. Then ask if anyone has things on their beach that could be used to reach with, throw, or row. If they don't have anything to reach with, throw, or row then have them add something to their picture.

## **SUGGESTED MATERIALS & EQUIPMENT:**

Paper

Something to draw or color with: crayons, markers, pencils, etc.